



MENU

All Day Brekkie

Yoghurt Granola Bowl (v) 18.90

Vanilla infused organic coconut yoghurt, poached pear, caramelised apple, toasted coconut flakes, berry compote and house made granola

Warm Spiced Porridge (v) 18.90

Vanilla, cinnamon, nutmeg, raisins, dried apricot, poached pears, shaved almonds and rolled oats

French Toast (v) 25.90

French toast brioche, brie cheese, berry compote, crumbled pistachio and caramelised apple
Smoked bacon +6

Eggs on the Run (v) 14.90

Two free ranged eggs of your choice with toast and whipped butter

Egg options: poached / fried / scrambled / soft boiled

Toast options: sourdough / wholemeal / soy linseed

Gluten free toast 2pc +3
Sauteed spinach +3
Smoked bacon +6
Smashed avocado +6
Truffle mushroom +6

SIGNATURE DISHES

Avocado and Halloumi (v) 24.90

Smashed avocado, grilled halloumi, two poached eggs, house made dukkha, pickled onion, herb oil and chilli jam on toasted sourdough

Smoked bacon +6
Grilled salmon +9

Crispy Hash Brown Eggs (v) 24.90

Three house made hash browns, soft boiled egg, dukkha, baby heirloom tomato, chilli jam, spiced yoghurt dressing and fresh herbs

Smoked bacon +6
Smashed avocado +6

Chilli Scrambled Eggs (v) 21.90

Scrambled eggs cooked in browned butter and fermented chilli, sun dried tomato, fresh herbs with toasted sourdough

Spanish chorizo +6
Feta +5

Daddy's Brekkie Burger 19.90

Fried egg, house made hash brown, Swiss cheese, chipotle mayo, tomato relish and mixed leaves in a burger bun

Choice of: bacon / pork sausage patty / halloumi

Extra bacon +6
Extra pork sausage patty +6
Extra halloumi +6
Extra fried egg +3

Truffle Magic Mushroom 26.90

Mushrooms, pancetta, two poached eggs, sour cream and black truffle oil on toasted wholemeal
Sauteed spinach +3
Smashed avocado +6

Chorizo Baked Eggs 26.90

Spanish chorizo, house baked eggs, Napoli sauce, baby spinach, mozzarella with toasted soy linseed
Extra Spanish chorizo +6
Truffle mushrooms +6

Toast with Spread (ve) 8.90

Spread options: vegemite / peanut butter / house seasonal jam / whipped butter
Toast options: sourdough / wholemeal / soy linseed
Gluten free toast 2pc +3
Smashed avocado +6

Kids Menu

Ham and Cheese Toastie 11.90

Waffles and Ice Cream (v) 12.90

Two waffles, vanilla ice cream, poached pear and maple syrup

Extras

grilled salmon 9

marinated grilled chicken / Spanish chorizo / smoked bacon / smashed avocado / truffle mushroom / halloumi / pork sausage patty / beef patty 6

feta 5

gluten free bread 2pc / 1 house hash brown / sauteed spinach / 1 egg / fermented chilli / chilli jam / seasonal jam / toast 1pc 3

Vegemite / peanut butter / whipped butter / tomato relish / chipotle mayo 2

10% weekend surcharge
15% public holiday surcharge

Toasted Sandwiches

Served with a side salad

Kimchi Chicken 20.90

Marinated grilled chicken, house kimchi, fermented chilli, garlic aioli, parmesan and mozzarella in toasted sourdough

Reuben Hood 21.90

Pastrami, Swiss cheese, Russian dressing, gherkins and house made sauerkraut in toasted wholemeal

The Italian Job (v) 19.90

Red peppers, charred eggplant, tomato relish, kale basil pesto, parmesan, mozzarella in toasted soy linseed

Pancetta +6

Marinated grilled chicken +6

Burgers

Served with a side of crispy roast potatoes

Southern Fried Chicken Burger 24.90

Southern fried chicken tenders, mixed leaves, tomato, Swiss cheese, sriracha mayo in a burger bun

Classic Double Cheese Burger 24.90

Double house beef patty, melted cheese, mixed leaves, garlic aioli, caramelised onion and tomato relish in a burger bun

Double beef patty +6

Smoked bacon +6

Fried egg +3

Falafel Burger (v) 22.90

(vegan option available)

House falafel, beetroot hummus, baby spinach and tomato in a burger bun

Smoked bacon +6

Nourishing Bowls

1. Choose a base:

Kabocha Salad (v) 26.90

Kale, red quinoa, spiced Japanese pumpkin, pickled Spanish onion, tahini yoghurt, radish, crumbled feta, pomegranate, lemon honey dressing and dukkha

Jewelled Couscous (v) 24.90

Jewelled pearl couscous, dried nuts and fruits, fresh herbs, jalapeno, house mint yoghurt and baby spinach

Brown Rice Super Bowl (ve) 23.90

Brown rice, kale, roasted kumera, edamame, dried cranberries, shaved almonds, lemon mustard dressing and balsamic glaze

2. Choose a protein:

Harissa Grilled Chicken

Halloumi

Grilled Salmon +3

Sides

To share

Falafel Bowl 3pcs (v) 12.90

With tahini yoghurt dip

Hash Brown Bowl 3pcs (v) 12.90

With harissa yoghurt dip

Southern Fried Chicken 15.90

Tenders 3pcs

With sriracha mayo

Mixed Green Salad Bowl (ve) 12.90

With baby heirloom tomatoes and lemon, honey dressing

Roast Potato Bowl (ve) 9.90

With rosemary salt

Open 7 days

Weekdays - 6:30 - 3pm

Weekends / public holidays - 7:30am - 3pm

Kitchen closes at 2pm

No split bills

10% weekend surcharge

15% public holiday surcharge

1.6% card surcharge

(v) vegetarian

(ve) vegan

Fully Licensed

Please advise our staff of any allergies you may have.

We also cater! Scan the QR code to see our catering menu!

